



Planicare 
VÁ PELO SEGURO

A Mais Bela
Corrida Do
Mundo

*The Most Beautiful
Race In The World*

24
MAY
2026



REGULATION

1. ORGANISATION AND RESPONSIBILITIES

1.1 ORGANISING BODY

The 19th Douro Valley Half Marathon is organised by GlobalSport - GSX Portugal Lda., headquartered at Rua Delminda Pinto Ribeiro, no. 17, 5050-346 Poiães – Peso da Régua, tax identification number 514779012.

1.2 VENUE

The event takes place in the Douro Wine Region, a UNESCO World Heritage Site, covering the municipalities of Peso da Régua, Lamego and Armamar.

1.3 LEGAL FRAMEWORK

The event is duly licensed by the competent authorities and complies with all applicable legislation regarding sporting events, safety and data protection.

2. DISTANCES AND CATEGORIES

2.1 AVAILABLE DISTANCES

2.1.1 Half Marathon (21.097 km)

- Eligible participants: Born in 2008 or earlier, minimum age of 18 on race day
- Nature: Competitive, with official timing
- Time limit: 3 hours
- Timing
- Certification: Course certified by the Portuguese Athletics Federation

2.1.2 Walk (5 km)

- Eligible participants: All ages
- Nature: Non-competitive, recreational
- Requirement: Use of the official event T-shirt
- Timing: Not applicable

2.2 AGE GROUPS (HALF MARATHON)

Age is calculated based on year of birth, taking into account the race date, 24 May 2026:

CATEGORY	MALE	FEMALE	AGE
Seniors	M	F	18-39 years
Veterans I	M40	F40	40-44 years
Veterans II	M45	F45	45-49 years
Veterans III	M50	F50	50-54 years
Veterans IV	M55	F55	55-59 years
Veterans V	M60	F60	60+ years

Note: To establish an age group, a minimum of 3 participants of the same gender must be present at the start line. Age groups not established will be integrated into the immediately preceding age group.

3. DATE, TIME AND DURATION

3.1 DATE AND TIME

- **Date:** 24 May 2026, Sunday
- **Half Marathon start:** 09:00
- **Walk start:** 09:20

3.2 TIME LIMIT

- **Half Marathon:** Maximum 3 hours, closing at 12:00
- **Walk:** Maximum 3 hours, closing at 12:00

3.3 ROAD REOPENING

After the last organisation vehicle has passed, participants who remain on the course may continue at their sole responsibility and must strictly comply with the Highway Code.



4. REGISTRATION

4.1 REGISTRATION PROCESS

- **Official platform:** <https://stopandgo.net/events/meia-maratona-do-douro-2026>
- **Confirmation:** Only after full payment
- **Proof:** Available in the participant's personal area

4.2 RESPONSIBILITY FOR DATA

The participant is fully responsible for the accuracy, truthfulness and authenticity of all data provided during registration. Incorrect data may result in disqualification. By completing the registration, the athlete freely and fully accepts the Race Regulations.

4.3 PAYMENT CONDITIONS

4.3.1 Payment Deadlines

Payment must be made within the deadlines indicated on the platform. Failure to comply will result in the automatic cancellation of the registration.

4.3.2 Refund Policy

No refunds will be made under any circumstances, except in the following situations:

- Cancellation of the event due to force majeure
- Payment after the deadline, subject to a €10 management fee

4.3.3 Service Fees

- **Data changes:** €5, until 24 March 2026
- **New registration after cancellation:** €5

4.4 TRANSFERS AND ASSIGNMENTS

The assignment, transfer or sale of race bibs to third parties is expressly prohibited. Breach of this rule will result in:

- Immediate disqualification
- Ban from participation in future editions
- Annulment of results obtained

4.5 VIP BIBS

The organisation reserves the right to assign VIP bibs to participants invited by it. Any registered athlete may request a sub-elite bib from the organisation for the half marathon, by proving that, within the last three years, they have achieved a time under 1:15 for men or 1:20 for women in a Half Marathon race.

Proof must be sent to info@globalsport.pt by 1 May 2026 with the subject line: "Sub-elite Bib".



5. PRICES

5.1 HALF MARATHON (21 KM)

PERIOD	PRICE
01/10/2025 to 04/10/2025	24,90€
05/10/2025 to 28/02/2026	30,00€
01/03/2026 to 21/05/2026	35,00€
LAST CALL AT THE SECRETARIAT: 22/05/2026 and 23/05/2026	50,00€

5.2 CHARITY WALK (5 KM)

PERÍOD	PRICE
01/10/2025 to 04/10/2025	10,00€
05/10/2025 to 28/02/2026	12,00€
01/03/2026 to 21/05/2026	15,00€
LAST CALL AT THE SECRETARIAT: 22/05/2026 and 23/05/2026	20,00€

5.3 SPECIAL CONDITIONS

- Participants up to 9 years old: €5.00, walk only
- Processing fees: Added to the prices shown
- Authorised partners: May offer special conditions

5.4 INVOICING

The issuing of an invoice must be requested within 3 days after payment, through the registration platform.

6. PARTICIPATION KIT

6.1 KIT CONTENTS

- Bib with integrated timing chip, 21K
- Official technical event T-shirt
- Official medal, 21K
- Promotional material from sponsors
- Event instructions and information

6.2 KIT COLLECTION

- Mandatory documents: Proof of registration and photo identification document
- Collection by third parties: Permitted upon presentation of the original proof
- Location and dates: To be announced in due course on the official website

6.3 SIZE AVAILABILITY

In the event that the requested size is out of stock, an alternative available size will be offered.

6.4 PARTICIPANT OBLIGATIONS

It is mandatory to write the following on the back of the bib:

- Full name
- Emergency contact
- Relevant medical information, such as allergies, medication and special conditions

7. TIMING AND CLASSIFICATIONS

7.1 TIMING SYSTEM

- Technology: RFID chip integrated into the bib
- Mandatory placement: Bib clearly visible on the front of the chest
- Checkpoints: Start, intermediate points and finish line
- Non-transferability: Each chip is personal and non-transferable

7.2 DISQUALIFICATIONS

Participants will be disqualified if they:

- Use another athlete's chip
- Use multiple chips
- Fail to register passage at mandatory checkpoints
- Do not keep the bib visible throughout the race

7.3 PUBLICATION OF RESULTS

- Platform: Plataforma: <https://www.douro-half-marathon.com/>
- Prazo: Resultados provisórios até 2 horas após o evento
- Alterações: Possíveis mediante verificação de irregularidades
- Deadline: Provisional results up to 2 hours after the event
- Changes: Possible following verification of irregularities



8. REFRESHMENT STATIONS AND SERVICES

8.1 REFRESHMENT STATIONS (HALF MARATHON)

- 5 km: Water
- 7,5 km: Water
- 10 km: Water and isotonic drink
- 12,5 km: Water and orange
- 15 km: Water
- 18 km: Water and orange
- Finish line: Water, isotonic drink and fruit

8.2 REFRESHMENT STATIONS (WALK)

- Intermediate point: Water
- Finish line: Water and fruit

8.3 WEATHER ADAPTATIONS

Refreshment stations may be reinforced or repositioned according to weather conditions.

8.4 CLOAKROOM

- **Location:** Start/finish area
- **Mandatory identification:** Participant's bib
- **Responsibility:** The organisation is not responsible for valuables or fragile items

8.5 Showers

Available at a location and time to be announced on the official website.

9. MEDICAL ASSISTANCE AND SAFETY

9.1 MEDICAL COVERAGE

- Medical teams: Positioned along the course
- Ambulances: Specialised in sporting events
- Continuity: Referral to the National Health Service when necessary

9.2 SPORTS INSURANCE

- Mandatory cover: All non-federated participants
- Activation: Mandatory notification to the organisation in the event of an accident
- User charges: Participant's responsibility, although they may be reimbursable by the insurer if the process meets the necessary requirements

9.3 EVENT SAFETY

- Security forces: Police and local authorities
- Private security: Licensed company, duly identified
- Identified volunteers: Support and guidance for participants
- Mandatory cooperation: Participants must follow the instructions of the authorities

9.4 SAFETY RESTRICTIONS

The following are expressly prohibited:

- Unauthorised vehicles on the course
- Participation with bicycles, skateboards or roller skates
- Accompaniment by animals
- Use of equipment that compromises safety

10. PRIZES AND RECOGNITION

10.1 PARTICIPATION MEDALS

All Half Marathon participants who complete the course within the time limit will receive an official medal.

10.2 CASH PRIZES (HALF MARATHON)

10.2.1 Overall Classification

Prizes for the first ten classified athletes, male and female.

10.2.2 Age Groups

Prizes for the first classified athletes in each age group, M/F40, M/F45, M/F50, M/F55, M/F60, provided that at least 10 athletes of the same gender finish.

10.3 TROPHIES

Trophies for the top 3 classified athletes in the overall male and female classifications, presented at the official ceremony.

10.4 AWARD CONDITIONS

- No accumulation: Participants receive the prize of the highest value
- Claim period: 30 days after the event, with mandatory completion of the form available on the official event website, <https://www.douro-half-marathon.com/>
- Documentation: Mandatory for payment, green receipt or isolated act
- Taxation: Subject to current tax legislation

11. REFEREEING AND APPEALS

11.1 RACE JURY

Responsibility of the Regional Refereeing Council of the Vila Real Athletics Association.

11.2 INFRACTIONS AND SANCTIONS

The following constitute infractions:

- Failure to complete the start control
- Failure to complete the full course
- Failure to wear the bib visibly on the chest
- Falsification of registration data
- Use of a third party's bib
- Running on pavements
- Intentionally obstructing other participants

11.3 APPEALS AND COMPLAINTS

- Deadline: 30 minutes after becoming aware of the results
- Form: In writing to the race jury, at the race venue
- Deposit: €100, refunded if the appeal is upheld
- Location: Official event secretariat

12. ANTI-DOPING CONTROL

Participants may be subject to anti-doping control, in accordance with the regulations of the Portuguese Anti-Doping Authority, ADoP, and World Athletics.

13. DATA PROTECTION AND RESPONSIBILITIES

13.1 DATA CONTROLLER

GSX Portugal Lda., Rua Delminda Pinto Ribeiro, no. 17, 5050-346 Poiares – Peso da Régua.

13.2 PURPOSES OF PROCESSING

- Management of registrations and participations
- Preparation of classifications
- Activation of mandatory insurance
- Marketing and communication

13.3 PARTICIPANTS' RIGHTS

Right of access, rectification, erasure, portability and objection, exercised through info@globalsport.pt.

13.4 DISCLOSURE TO THIRD PARTIES

Data may be disclosed to:

- Insurance companies, mandatory
- Marketing partners, subject to consent
- Competent authorities, when legally required

13.5 LIABILITY DECLARATION

By registering, the participant declares that they:

- Are in suitable physical condition
- Release the organisation from liability for accidents
- Authorise the use of image and data for promotional purposes
- Fully accept these regulations

UPON COMPLETING REGISTRATION, THE PARTICIPANT DECLARES:

"I am in excellent health to participate in the Douro Valley Half Marathon 2026. I release the organisation, sponsors and other participating institutions from all liability for any accident or injury that I may suffer before, during and/or after the sporting event, hereby waiving any legal action against any of the aforementioned entities. During the competition, I will cooperate with the Organisation as far as possible to prevent personal accidents. I also authorise the Organisation to use, for advertising purposes, photographs, videos and any other type of audiovisual material in which I may appear, accepting the publication of my name in the race classification, in the media and/or on the internet, without expecting any payment, compensation or remuneration for this purpose."

13.6 MEDICAL RECOMMENDATIONS

The organisation strongly recommends a prior medical assessment, especially for participants over 35 years of age or with a history of cardiovascular problems.

14. CANCELLATION AND FORCE MAJEURE

14.1 CAUSES OF CANCELLATION

The event may be cancelled due to:

- Natural disasters
- Government restrictions
- Impossibility of using the roads
- Strikes or demonstrations
- Other force majeure situations

14.2 PROCEDURES

In the event of cancellation, the organisation will issue an opinion within 30 days on the measures to be adopted, which may include:

- Rescheduling the event
- Partial or full refund
- Transfer to the following edition

15. FINAL PROVISIONS

15.1 OMISSIONS

Situations not provided for in these regulations will be resolved in accordance with:

1. General Competition Regulations of the Portuguese Athletics Federation
2. World Athletics Regulations
3. Decision of the organisation

15.2 CHANGES TO THE REGULATIONS

The organisation reserves the right to amend these regulations for safety, technical or legal reasons, with prior communication to participants.

15.3 OFFICIAL LANGUAGE

These regulations are written in Portuguese. In the event of translation, the Portuguese version shall always prevail.

15.4 COMPETENT COURT

For the resolution of disputes, the Court of the District of Vila Real shall have jurisdiction.

16. OFFICIAL CONTACTS

ORGANISATION: GLOBALSPORT – GSX PORTUGAL LDA.

Address: Rua Delminda Pinto Ribeiro, no. 17
5050-346 Poiares – Peso da Régua

- **Email:** info@globalsport.pt
- **Website:** <https://www.douro-half-marathon.com/>
- **Registrations:** <https://stopandgo.net/events/meia-maratona-do-douro-2026>

These regulations enter into force on the date of their publication and remain valid until the event takes place.

Publication date: August 2025

Approved by: Management of GlobalSport – GSX Portugal Unip. Lda



Meia Maratona **Douro** *Vinhateiro*

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24.05.2026